

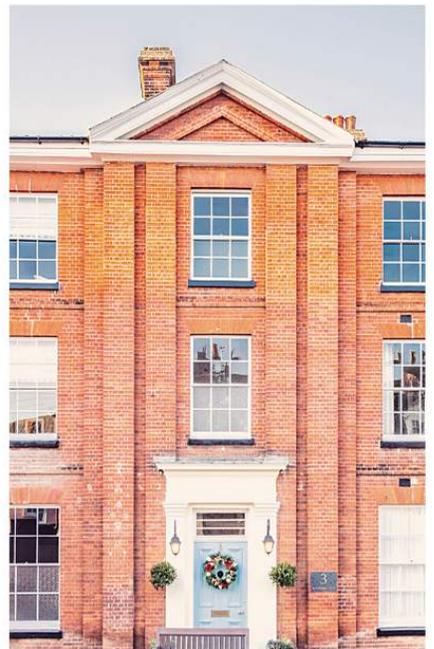
THE OLD POST OFFICE

YOUR EXPERIENCE STARTS TODAY



www.toponorfolk.co.uk 01379 853308

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TAKE ME AWAY

Built in 1790 as Gurney Bank, one of the many unique features of this building is the spiral concrete staircase. Being a flagship building, when concrete first became commercially available, this newly discovered material was used to impress clients. On merger with Barclays Bank in 1886, The National Post Office took ownership and it is from whence the name of the property remains.

Discovered derelict after several years standing empty, The Old Post Office, which is Grade II listed, has been lovingly restored and refurbished to create a luxurious residence and Guest House.

In addition to mid week stays in one of the individually themed guest bedrooms, the guest floor can be hired at the weekend for groups of up to twelve for pampered spa weekends. Create a bespoke experience with our fabulous in-house options which include royal afternoon tea, private chef, cocktail bar and show, oysters and champagne, live pianist and with themes including 1950s hair salon with photoshoot, Great Gatsby Murder Mystery and Arabian Nights with Hammam Spa Day, Lebanese Meze, Belly Dancing plus Hookah Pipes. We also offer fabulous guided chauffeured vineyard tours.

A woman with long red hair, wearing a black sequined top, is seated on the left side of the frame. In front of her is a silver tray filled with various appetizers, including bread, cheese, nuts, and small pastries. A silver bucket containing a champagne bottle is also on the tray. To the right, a glass bottle is suspended in the air, with a bright sparkler attached to its neck, creating a festive atmosphere. The background features a staircase with a wooden handrail and dark blue balusters.

WHERE EVERY
MOMENT IS
Special!

INDULGE YOURSELF

This room is as much opulent as is comfortable, there really is everything to love here.

With hues of gold and silver in a subtle exotic Middle Eastern theme. The room is furnished with low dome shaped pendant lights for soft lighting and geometric lattice patterns in the ornate blinds and Victorian inspired tiles. It has a super king gold leather and chrome designer four poster bed, a plush gold suede and metal stud two seater sofa, large ornate marble fireplace and big cast iron bath. With soothing walls painted in Dry Sage, this room is welcoming in the heat of summer or peak of our cold winter.

The carefully coordinated cushions are plump, feather filled and soft. With a high grade pocket spring mattress, memory foam topper and Egyptian cotton sheets.

Modern luxuries include bluetooth ceiling speakers, USB sockets and touch screen mirrors.

Enjoy the picturesque views of the old market town from the three large sash windows which flood the room with light, perfect for pictures and styling. Several film and photography shoots have taken place in this room. Most notably with actress Agni Scott, who has starred in film and TV, highlights are her roles in Bridget Jones's Baby, Spooks and Absentia on Amazon and much more.

Toiletries provided include a natural loofah sponge and our signature organic black soap which is used in the Hammam Spa and may also be purchased. Slippers, bathrobes and towels are complimentary.



STEP BACK IN TIME

The Shakespeare Room, so called because 'Shakespeare In Love' was filmed in Norfolk is a romantic French inspired twin bedroom with restored 18th century French bedsteads and drapes in traditional French Scutt & Coles yarn.

The hung reproduction wallpaper is from the same 18th century period by Thibaut Paysannerie, Toile in blue and yellow. The palette is inspired from Ralph Lauren's Monticello Yellow, named after the dining room at Thomas Jefferson's home. The room is set off nicely with elements of blue and white.

Brass cherubs, horses and carriages adorn the elaborate and restored 18th century French bedsteads which are framed in a drape canopy.

A painting dated from 1867 hangs in the room, depicting the scene in February 1587 when Mary Queen of Scots, the Catholic Queen, is handed the warrant for her execution, signed by her cousin, England's Protestant Queen Elizabeth I. She is seen holding onto her rosary whilst her ladies in waiting pour out their grief.

Modern additions include USB sockets, bluetooth wireless ceiling speakers and touch screen bathroom mirrors. With a leather bound collection of classic books, relax in the comfortable embroidered period chairs of the seating area by the fireplace or enjoy the views of the ancient market town and historic buildings. It really is like stepping back in time or playing in a beautiful doll's house!



THE PERFECT SLEEPOVER

Themed after the Waveney Valley, a stretch of unspoilt wildlife that surrounds the old market town. Rich in variety of flora and fauna, from tranquil woodland, vibrant river meadows, marshes, fens and broads.

My favourite room to wake up in with friends. With King size quadruple bunk beds, sleeping 4-8 with two en-suite bathrooms. It's a great sleepover room and I think it's fair to say, there is probably no other room like this in the world. Taking advantage of the high Georgian ceilings, this bespoke design is built floor to ceiling and with a real house staircase, making it suitable for adults and perfect for sliding down.

With a cast iron period fireplace, the room is decorated with original 19th century etchings. The oak Scandinavian style bureau houses a collection of miniature Lilliput Houses.

Finished with beautiful traditional Scutt & Cole English fabric featuring purple wisteria, co-ordinated with curtains, pillows, cushions and runners.

A large sash window makes this a bright and airy room. The bed frames and walls are painted in Skimming Stone by Farrow and Ball and the original floorboards white washed to create a contemporary French/Scandinavian look.

The bathrooms have rainfall showers and LED touch screen mirrors. With lots of USB socket plugs for charging devices and straightening, it's a real chick den. There's also no shortage of dancing tracks when here, just connect your playlist to the bluetooth ceiling speakers all around the house. If you've forgotten to pack anything important just let us know!



2021 Room Rates

Rates for The Shakespeare Room

Description	From	To	Week Night
Low Season Spring	02 Jan 21	03 Apr 21	£130
High Season Spring	04 Apr 21	23 May 21	£150
Low Season Summer	24 May 21	11 Jul 21	£165
High Season Summer	12 Jul 21	31 Aug 21	£180
Low Season Autumn	01 Sep 21	10 Oct 21	£150
High Season Autumn	11 Oct 21	31 Oct 21	£165
Low Season Winter	01 Nov 21	05 Dec 21	£165
High Season Winter	06 Dec 21	09 Jan 22	£180

Rates for The Gurney Room

Description	From	To	Week Night
Low Season Spring	02 Jan 21	03 Apr 21	£130
High Season Spring	04 Apr 21	23 May 21	£150
Low Season Summer	24 May 21	11 Jul 21	£165
High Season Summer	12 Jul 21	31 Aug 21	£180
Low Season Autumn	01 Sep 21	10 Oct 21	£150
High Season Autumn	11 Oct 21	31 Oct 21	£165
Low Season Winter	01 Nov 21	05 Dec 21	£165
High Season Winter	06 Dec 21	09 Jan 22	£180

Rates for The Waveney Room (Group/Family) *Supplement > 4

Description	From	To	Week Night
Low Season Spring	02 Jan 21	03 Apr 21	£260
High Season Spring	04 Apr 21	23 May 21	£300
Low Season Summer	24 May 21	11 Jul 21	£330
High Season Summer	12 Jul 21	31 Aug 21	£360
Low Season Autumn	01 Sep 21	10 Oct 21	£300
High Season Autumn	11 Oct 21	31 Oct 21	£330
Low Season Winter	01 Nov 21	05 Dec 21	£330
High Season Winter	06 Dec 21	09 Jan 22	£360

Price includes breakfast, complimentary Cream Tea on arrival with optional £15 upgrade per person for royal afternoon tea, served with additional assortment of freshly made finger sandwiches, savoury platter, petit fours and cake. Towels and slippers provided with a selection of spa toiletries and hair dryers in each room. Extra pillows and blankets in the wardrobe. Tea, coffee and biscuits available to guests in the lounge with a selection of newspapers and magazines. Ask about our delicious local artisan charcuterie/cheese sharing platters and chef dining options.

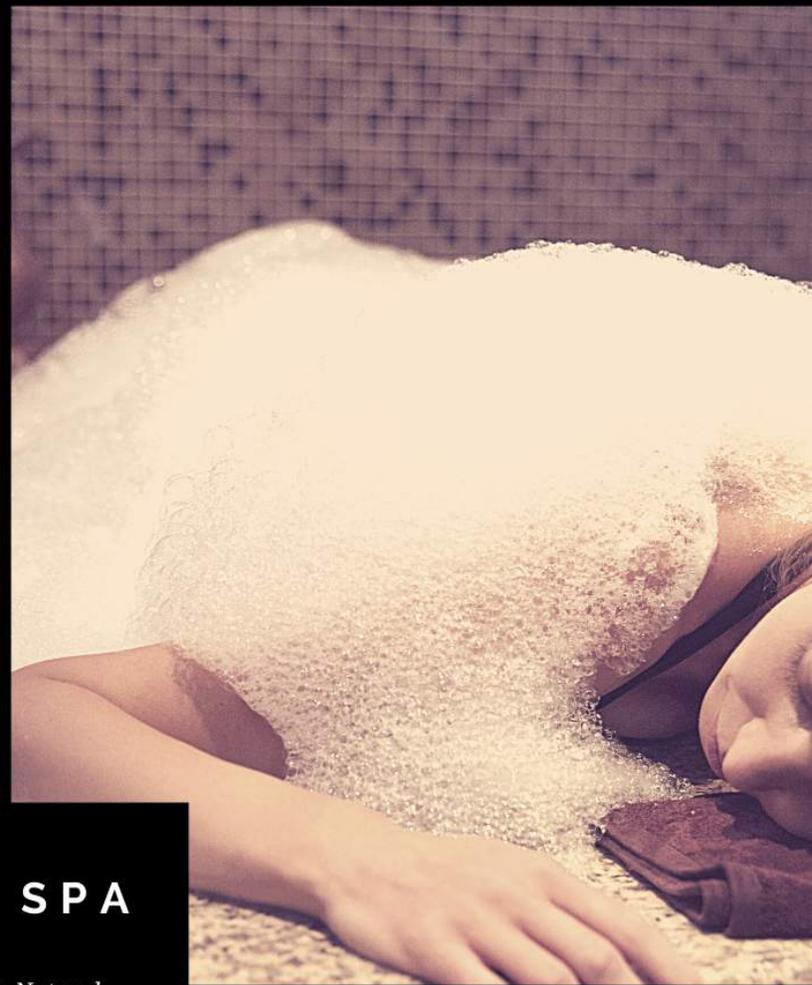


TOPO

DAY SPA

— *Luxury Hammam* —





DAY SPA
— Moroccan Natural —
HAMMAM



MOROCCAN NATURAL SPA

"Chemical free and sustainable beauty treatments"

TREATMENT LIST

HAMMAM SPA PACK

Everything you need for an authentic DIY Moroccan Natural Spa experience: natural rhassoul clay, African black soap, organic argan oil and a natural kessa sponge **£20**

HAMMAM TRADITIONAL FULL BODY RITUAL

Vigorous full body cleanse, exfoliation and intense detox with hair repair treatment. Includes a spiced Norfolk salt scrub, foam massage, rhassoul wrap and essential oil massage. Finish with Cleopatra pearl powder, argan oil and rosewater rejuvenating facial mask **45 mins £95**

MASSAGE

SWEDISH, AROMATHERAPY OR DEEP TISSUE, INDIAN HEAD
30 mins £40



2021 PRICES

The Hamma is not suitable for children under 12, pregnant women, individuals with high blood pressure/heart conditions or having open wounds from injury or recent surgery, you will be asked to complete a short health questionnaire with disclaimer on arrival. For sugaring, body hair should be 5mm or longer, to avoid irritation, refrain from using products on the skin 24 hrs before arrival. With complimentary Hammam towels, slippers and Moroccan Mint Tea.

PURPLE PLUM

Lebanese Meze £30 pp (5 Items) Three Courses £40 pp Both served with Arabic Bread, Dipping Oils and Mint Tea

C H E F D I N I N G A T T O P O

STARTERS/MEZE PLATTER

Charred Aubergine Slices with Pomegranate, Yogurt and Tahini v

Tabbouleh Salad with Fresh Parsley and Mint v

Moroccan Citrus salad v

Moghrabieh Salad with Preserved Lemon and Coriander Pesto v

Falafel with Tahini Yogurt v

Joojeh Kabab, Saffron and Yogurt Chicken

Mast-o-Khiar with Cucumber, Yogurt and Fragrant Herbs v

Pea Hummus with Fresh Mint v

Stuffed Vine Leaves v

Stuffed Filo Rolls v

Salad Shiraz with Lime and Dill v

Batat Harra (Spicy Potatoes) v

Kibbeh ~ Beef Croquettes with Bulgur Wheat, Mint Leaves,

Pine Nuts and Onions



MAINS

Zatar Crusted Slow Roasted Lamb on a Bed of Harrisa-Roasted Vegetables with Rice

Spiced Middle Eastern Lamb on a Layer of Hummus, Roasted on Crisp Filo Pastry

Chicken, Prune, Tarmind Tagine with a Light Couscous

Joojeh Kabab, Saffron and Yogurt Chicken with Rice

Pucker-Up Lemon Souvlaki/Chicken with yogurt with Rice

Sayadieh ~ Pan Grilled Seasonal Fish, Fragrant Rice, Caramelized onions, and Toasted Pine Nuts

Spiced Moroccan Couscous, with Harrisa Roasted Vegetables and Coriander Dressing v

DESSERTS

Orange Blossom and Polenta Cake with Rosewater v Syrup

Big Rosewater and Pistachio Meringues with a Rosewater Cream and Fresh Fruit v

Star Anise Yogurt Mousse with Fig Compote v

Muhalabieh ~ Creamy Middle Eastern Milk Pudding Infused with Rosewater and Topped with Crushed Pistachios v

Moroccan Fresh Mint Tea plus Teas and Coffees

All dietary needs catered for including Gluten-Free, Dairy-Free and Vegan Options



TOPO PRIVATE DINING



A woman with long dark hair, wearing a highly ornate belly dancing costume. The costume features a yellow and white beaded bra with large clear and purple gemstones, a matching skirt with a teal underlayer, and multiple strands of silver beaded necklaces and armlets. She is looking down and to the side.

Arabian Nights Day Experience

Luxury Hammam Spa

Moroccan Afternoon Tea

Belly Dancing Class

Real Camel Ride

Lebanese Meze

Cocktails and Hookah Pipes

Stylish Photoshoot

£150 per person

Royal Afternoon Tea

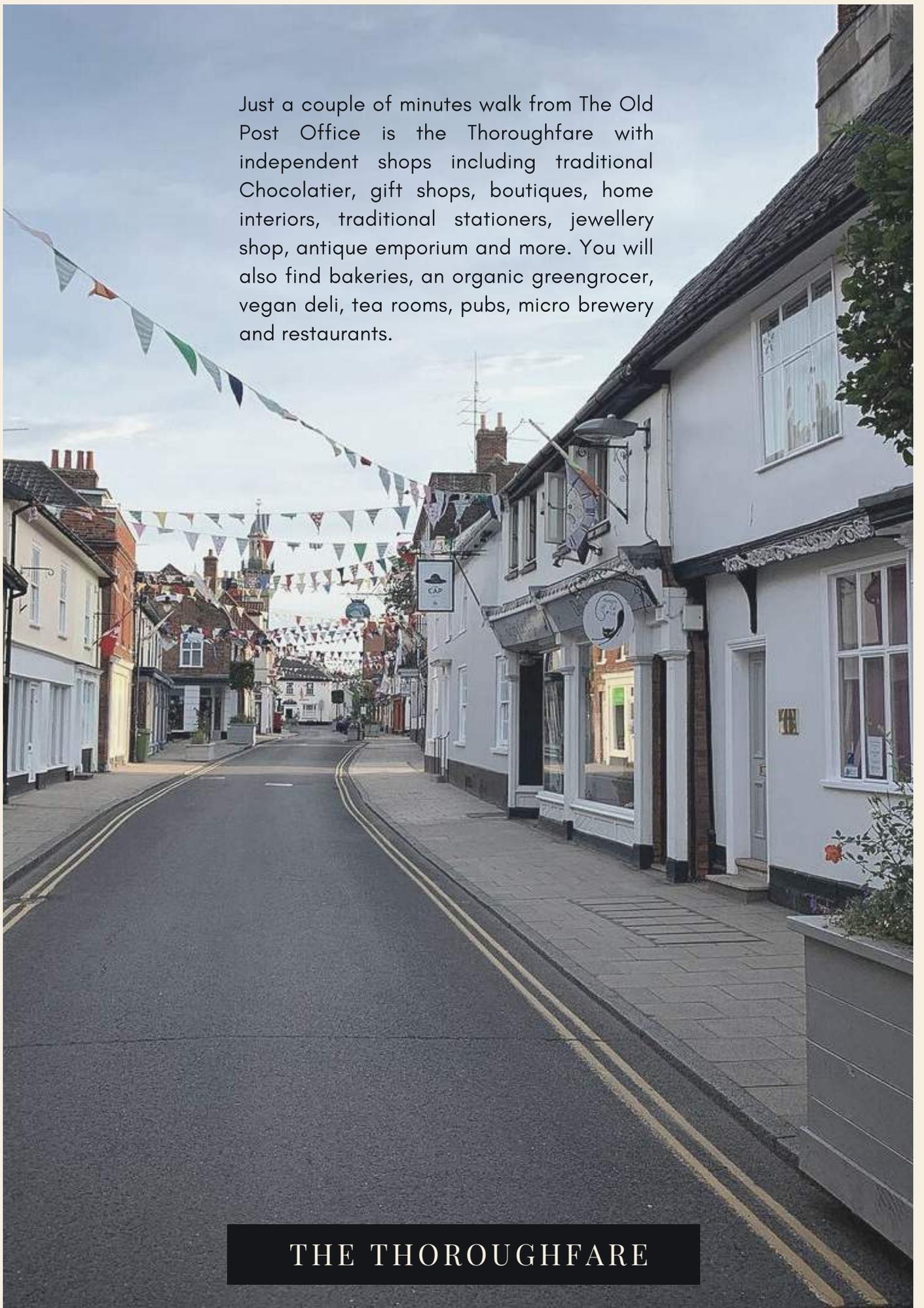
Selection of finger sandwiches, freshly baked scones served with clotted cream and jam, cakes and pastisseries & glass of Prosecco at The Old Post Office. A perfect option for your Hen Night or Day Spa Package.



*Oysters and
Champagne*



Just a couple of minutes walk from The Old Post Office is the Thoroughfare with independent shops including traditional Chocolatier, gift shops, boutiques, home interiors, traditional stationers, jewellery shop, antique emporium and more. You will also find bakeries, an organic greengrocer, vegan deli, tea rooms, pubs, micro brewery and restaurants.



THE THOROUGHFARE



WAVENEY VALLEY

Beautiful walks with great cycle routes and diverse wildlife, fantastic for photography.



Norfolk has the perfect climate and best soil within England to produce some delicious award-winning wines, especially still whites. There are no less than eight vineyards in the region.

Wine tastings are meant to be paced, enjoyable experiences with each vineyard offering a unique experience and special variety of wine.

Ask about our chauffeured wine tours with one or three vineyard package options with delicious local artisan menus.



BRITISH SPIRITS
HEART OF
SUFFOLK
DISTILLERY
SMALL BATCH
**ROSIE'S
GIN**
HAND DISTILLED
BOTTLED IN SU

1905
ANTIMANS

LONDON DRY STYLE GINS

HAPPY HOUR

**10%
OFF**

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"I give myself an hour each day to just breathe"

Actress Agni Scott on Wellness in Lockdown

Spooks fans will recognise Agni as Ana Bakshi, the reluctant spy, in series 6 which recently streamed on BBC iPlayer. Over on Amazon, however, espionage is her full time job - where she is FBI agent Polly Canto in series 2 and 3 of *Absentia*. She has played leading roles in several award winning series; Raghad Hossein, the Iraqi dictator's eldest daughter in HBO's *House of Saddam*, and as Alison (alongside Chiwetel Ejiofor) in the harrowing BBC thriller *The Shadow Line*.

Those who wish to escape the trauma of bullets and car chases can find her in the warm romantic comedy *Opa!* filmed on the beautiful Greek island of Patmos where she stars as the free spirited taverna owner Katerina who falls in love with a helpless American archaeologist (Full metal jacket's Matthew Modine)

In keeping with our theme of weddings, you may have spotted Agni in church in *Bridget Jones's Baby* where she played Camilla, Colin Firth's ex wife. On filming, she says, "it was a happy experience, even though my part was tiny. Director Sharon Maguire is such a kind and friendly woman, an absolute delight to work with. It was fun to be in the company of Rene Zellweger and Colin, both lovely and generous people."



We all need to receive a little more kindness in the world today and if we seek it, nature is kind to us.

"Award winning author, Richard Mabey in *Nature Cure* tells the story of how he came to Norfolk to heal himself from crippling depression. I also, in spending lockdown here in Norfolk, with my husband, children, father-in-law and Betsy our dog, have found the vast open terrains healing.

In addition to daily yoga, I started running in January in preparation for a 28 mile charity run. Raising money for Pancreatic Cancer UK in memory of my cousin who passed away last month at just 36 years old, leaving behind a very young family. One of the many recent tragedies we've had to endure as family.

There are days when I feel really sad and I miss the simple joy of seeing a friend. But I think Covid is teaching me to appreciate things that I took for granted before- going for a walk in the Norfolk countryside, the feeling of fresh air in my lungs, and seeing a familiar landscape with new eyes."

Agni was styled by Chrissi Rix at The Style Show, Hair by Donna Taylor, Make Up by Hollie Cosmetic Artistry and Photograph by Charlotte Wotton. Fashion Shoot at The Old Post Office TOPONorfolk

