

2022 Disney & Orlando Gluten Free Restaurant Guide

Epcot		
★★★★★	Sunshine Seasons (Land Pavilion)	\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Restaurant
★★★★★☆	Garden Grill (Near Soarin')	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Restaurant
★★★★★	Via Napoli Restorante e Pizzeria (Italy)	\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Pizza, Bread / Buns
★★★★★	Tutto Italia Ristorante (Italy)	\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Pasta, Bread/Buns +2 more
★★★★★☆☆	Biergarten Restaurant (Germany)	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Bread/Buns German Restaurant
★★★★★	Coral Reef Restaurant	\$\$\$\$
	1520 Avenue of the Stars, Lake Buena Vista, FL 32830	Seafood, Restaurant, Pescatarian Friendly
★★★★★☆☆	Le Cellier Steakhouse (Canada)	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Steakhouse Restaurant
★★★★★☆☆	Electric Umbrella (Near Spaceship Earth)	\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Pizza, Bread / Buns +7 more
★★★★★	Rose & Crown Dining Room (UK)	\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	GF Menu, Dedicated Fryer, Cider + 2 more
★★★★	Chefs de France (France)	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Dedicated Fryer, Breads / Buns & Fries
★★★★★	Les Halles Boulangerie-Patisserie (France)	\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	GF Menu, Bread / Buns, Desserts
★★★★★☆☆	Monsieur Paul (France)	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Bread / Buns, Desserts
★★★★★☆☆	San Angel Restaurante (Mexico)	\$\$\$
	2101 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	Celiac Friendly, Mexican Restaurant
★★★★★☆☆	La Hacienda de San Angel (Mexico)	\$\$
	2101 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	Celiac Friendly, Mexican Restaurant
★★★★★☆☆	Spice Road Table (Morocco)	\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Mediterranean, Vegetarian & Halal Dishes
★★★★★	Marrakesh (Morocco)	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Restaurant
★★★★★☆☆	Akershus Royal Banquet Hall (Norway)	\$\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	GF Menu & Allergen List Norwegian Restaurant
★★★★★☆☆	Teppan Edo (Japan)	\$\$\$
	1780 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac Friendly, Asian & Japanese Restaurant
★★★★★☆☆	Tokyo Dining (Japan)	\$\$\$
	1510 Avenue of the Stars, Lake Buena Vista, FL 32830	Celiac, Dairy-Free & Vegan Friendly + 4 more
★★★★	Nine Dragons Restaurant (China)	\$\$\$
	1800 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	Celiac Friendly, Asian & Chinese Restaurant
Disney Boardwalk		
★★★★★☆☆	ESPN Club	\$\$
	2101 Epcot Resorts Blvd, Orlando, FL 32836	Celiac Friendly, Cider, Late Night +2 more
★★★★★☆☆	Pizza Window	\$\$
	2101 Epcot Resorts Blvd, Orlando, FL 32836	GF Menu, Pizza, Vegetarian Friendly +4 more
★★★★★☆☆	Trattoria al Forno	\$\$
	2101 Epcot Resorts Blvd, Orlando, FL 32836	GF Menu, Dedicated Fryer + 7 more
★★★★☆	Big River Grille	\$\$\$
	2101 Epcot Resorts Blvd, Orlando, FL 32836	Late Night restaurant
★★★★★☆☆	Flying Fish Cafe	\$\$\$\$
	2101 Epcot Resorts Blvd, Orlando, FL 32836	Seafood, Bread / Buns, Desserts + 2 More

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Dolphin Resort Hotel		
★★	Todd English's Bluezoo	\$\$\$
	1500 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	GF Menu, Bread / Buns, Dessert + 2 more
★★★★★	The Fountain Eats & Sweets	\$\$
	1500 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	Dedicated Fryer, Burgers + 2 more
★★★★★	Fresh Mediterranean Market	\$\$
	1500 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	Pancakes, Keto & Dairy-Free Friendly + 8 more
★★★★★	Garden Grove	\$\$\$
	1200 Epcot Resorts Blvd, Lake Buena Vista, FL 32830	GF Menu, Dedicated Kitchen & Fryer + 8 more
Yacht & Beach Club		
★★★★★	Cape May Cafe	\$\$
	1180 Seven Seas Dr, Orlando, FL 32830	Waffles, Allergen List, Breakfast + 3 more
★★★★★	Hurricane Hanna's Waterside Bar & Grill	\$\$
	1700 Epcot Resorts Blvd Orlando, FL 32830	Dedicated Fryer, Sandwiches + 6 more
★★★★★	Beaches & Cream Soda Shop	\$\$
	1800 Epcot Resorts Blvd Orlando, FL 32830	Dedicated Kitchen Space, Dessert + 5 more
★★★★★	Ale & Compass Restaurant	\$\$\$
	1700 Epcot Resorts Blvd Orlando, FL 32830	Celiac Friendly, Burgers, Bread/Buns + 4 more
Disney's Coronado Springs Resort		
★★★★★	Three Bridges Bar & Grill	\$\$\$
	1000 Buena Vista Dr, Lake Buena Vista, FL 32830	GF Menu, Dedicated Kitchen & Fryer + 13 more
★★★★★	Pepper Market	\$\$
	1000 Buena Vista Dr, Lake Buena Vista, FL 32830	GF Menu, Pizza, Sandwiches + 12 more
★★★★★	Rix Sports Bar & Grill	\$
	1000 Buena Vista Dr, Lake Buena Vista, FL 32830	GF Menu, Burgers, Pancakes + 7 more
Hollywood Studios		
★★★★★	Fairfax Far	\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Hot Dogs, Breads / Buns
★★★★★	The Hollywood Brown Derby	\$\$\$\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Dedicated Fryer, Pizza + 13 more
★★★★★	Hollywood & Vine	\$\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Vegetarian
★★★★★	Mama Melrose's Ristorante Italiano	\$\$\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Pizza, Bread / Buns
★★★★★	Rosie's All American Cafe	\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Burgers, Bread / Buns + 3 more
★★★★★	50's Prime Time Café	\$\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	GF Menu, Dedicated Fryer, + 5 more
★★	Catalina Eddie's	\$\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	GF Menu, Dedicated Fryer, Sandwiches + 5 more
★★★★★	ABC Commissary	\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Dedicated Fryer, Burgers + 5 more
★★★★★	Sci-Fi Dine-In Theater Restaurant	\$\$
	351 South Studio Drive, Lake Buena Vista, FL 32830	Celiac Friendly, Sandwiches, Pasta + 4 More
Disney's Magic Kingdom		
★★★★★	Columbia Harbour House	\$\$
	Liberty Square	GF Menu, Dedicated Fryer, Desserts
★★★★★	Cosmic Ray's Starlight Cafe	\$
	Tomorrowland	GF Menu, Dedicated Fryer, Burgers, Desserts
★★★★★	Pinocchio's Village House	\$
	Fantasyland	GF Menu, Dedicated Fryer, Pizza, Desserts
★★★★★	Tony's Town Square	\$\$\$
	Main Street	GF Menu, Dedicated Fryer, Pasta, Desserts

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Disney's Animal Kingdom		
★★★★★	Flame Tree BBQ	\$\$
	Discovery Island	GF Menu, Dedicated Fryer, Desserts
★★★★★	Tusker House Cafe	\$\$\$
	Africa	Celiac Friendly, Burgers, Bread / Buns
★★★★★	Yak & Yeti	\$\$
	Asia	Celiac Friendly, Dessert & Asian Restaurant
★★★★★	Rainforest Cafe	\$\$\$
	Entrance	Celiac Friendly, Burgers, Bread / Buns
★★★★★	Restaurantsaurus	\$\$
	Dinosaur land	Celiac Friendly, Dedicated Fryer, Burgers + 7 more
★★★★★	Nomad Lounge	\$\$\$
	Bus Station near Animal Kingdom	Celiac Friendly, Burgers, Bread / Buns + 6 more
★★	Dino-Bite Snacks	\$
	Bay Lake	Dessert
★★★★★	Tiffins	\$\$\$
	Discovery Island	Celiac Friendly, GF Menu, Dedicated Fryer +4more
★★★★★	Boma	\$\$\$
	Africa	Celiac Friendly & Kid Friendly
Disney Springs		
★★★★★	Chef Art Smith's Homecoming	\$\$
	The Landing	GF Menu, Seafood, Dedicated Fryer, Desserts
★★★★★	Raglan Road Irish Pub	\$\$\$
	1640 E Buena Vista Dr	GF Menu, Dedicated Fryer + 8 More
★★★★★	Cooke's of Dublin	\$\$\$
	1640 E Buena Vista Dr	GF Menu, Dedicated Fryer + 5 More
★★★★★	Rainforest Cafe	\$\$\$
	1676 E Buena Vista Dr	Celiac Friendly, Burgers, Bread / Buns
★★★★★	T-Rex	\$\$\$
	1676 E Buena Vista Dr	Celiac Friendly, Kid Friendly & Late Night
★★★★★	Polite Pig	\$\$
	1536 E Buena Vista Dr	Celiac Friendly, BBQ, Cider, Cocktails + 5 more
★★★★★	The Boathouse	\$\$\$
	1620 E Buena Vista Dr	Celiac Friendly, GF Menu, Burgers+ 8 more
★★★★★	Erin McKenna's (Bakery)	\$\$
	1642 E Buena Vista Dr	Celiac Friendly, GF Menu, Burgers+ 22 more
★★★★★	D-Luxe Burger	\$\$\$
	1524 E Buena Vista Dr	Celiac Friendly, Dedicated Kitchen, Burger +4 more
★★★★★	Chicken Guy!	\$
	1506 E Buena Vista Dr Suite A	Celiac Friendly, GF Menu, Dedicated Fryer +6 more
★★★★★	Planet Hollywood	\$\$
	1506 E Buena Vista Dr	Celiac Friendly, Pizza, Bread / Buns +6 more
★★★★★	Splitsville	\$\$
	1494 E Buena Vista Dr	Celiac Friendly, Late Night (Bowling Alley)
★★★★★	BJ's BrewHouse	\$\$
	8761 Vineland Ave	Celiac Friendly, Pizza, GF Menu +10 more
★★★★★	Amorette's Patisserie	\$\$
	1536 E Buena Vista Dr	GF Chocolate Mickey Sorcerer Hat
★★★★★	Wolfgang Puck Bar & Grill	\$\$
	1486 E Buena Vista Dr	Celiac Friendly, GF Menu, Dedicated Fryer +6 more
★★★★★	House of Blues	\$\$
	1486 E Buena Vista Dr	Celiac Friendly, Southern Food Dedicated Fryer

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Disney's Port Orleans Resort		
★★★★★	Sassagoula Floatworks and Food Factory	\$
	2201 Orleans Dr, Orlando, FL 32836	Celiac Friendly, Vegetarian & Late Night
★★★★★	Disney's Port Orleans Resort - Riverside	\$\$
	1251 Riverside Drive, Lake Buena Vista, FL 32830	GF Menu, Dedicated Fryer, + 16 more
Orlando / Kissimmee / Davenport		
★★★★★	Sanaa Restaurant	\$\$
	3701 Osceola Pkwy, Kissimmee, FL 34747	Celiac Friendly, GF Menu, Indian Food +2 more
★★★★★	Bonefish Grill	\$\$
	7801 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Seafood, Dedicated Fryer, Desserts
★★★★☆	Chick-Fil-A	\$
	7891 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	Bread / Buns. Chicken Fingers / Nuggets & Fries
★★★★☆	Lottawatta Lodge	\$\$
	Disney's Blizzard Beach	GF Menu, Pizza, Burgers + 9 more
★★★★☆	Pollo Tropical	\$
	7901 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	Celiac Friendly, Allergen List , Latin Food +3 more
★★★★	Outback Steakhouse (Chain)	\$\$
	7804 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Late Night, Steakhouse Restaurant
★★★★★	Carrabba's	\$\$
	7890 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Late Night, Italian Restaurant
★★★★★	Joes Crab Shack (Chain)	\$\$
	7903 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Late Night, Seafood Restaurant
★★★★★	Denny's (Chain)	\$
	7631 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Bread / Buns, Allergen List + 5 More
★★★★★	Rock & Brews	\$\$
	3284 Margaritavilla Blvd, Kissimmee, FL	Celiac Friendly, GF Menu, Pizza + 12 more
★★★★★	Red Robin (Chain)	\$
	8057 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Burgers, Breads / Buns + 7 more
★★★★★	Fords Garage	\$\$
	3210 Margaritavilla Blvd, Kissimmee, FL	GF Menu, Burgers, Breads / Buns + 4 more
★★★★★	Yeoman's Cask (British Pub)	\$\$
	3220 Margaritavilla Blvd, Kissimmee, FL	Celiac Friendly, GF Menu pub food
★★★★☆	Miller's Ale House (Chain)	\$\$
	8123 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	Cider, Late Night Restaurant
★★★★★	Olive Garden (Chain)	\$
	8136 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	Celiac Friendly, GF Menu, Pasta + 5 more
★★★★★	LongHorn Steakhouse (Chain)	\$\$
	8150 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Late Night, Steakhouse Restaurant
★★★★★	Black Angus Steakhouse (Chain)	\$\$\$
	7516 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Late Night, Steakhouse Restaurant
★★★★★	Saltgrass Steakhouse (Chain)	\$\$\$
	8850 Vineland Ave, Orlando, FL	GF Menu, Bread / Buns Steakhouse Restaurant
★★★★★	Maggianos (Chain)	\$\$
	9101 International Dr, Orlando, FL	Italian Scratch Menu - Pizza, Pasta, Chips
★★★★★	Fogo De Chao (Chain)	\$\$\$
	8282 International Dr, Orlando, FL	Brazilian Steakhouse, bread & Salad Bar
★★★★★	Texas De Brazil (Chain)	\$\$\$
	5259 International Dr, Orlando, FL	Brazilian Steakhouse, bread & Salad Bar
★★★★★	Celebration Town Tavern	\$\$
	721 Front St, Celebration FL 34747	Celiac Friendly, GF Menu, Pizza + 11 more
★★★★★	Pizza Express - Celebration	\$\$
	5350 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Pizza & Dairy-Free
★★★★★	Uno Chicago Grill (Chain)	\$
	5350 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	Celiac Friendly, GF Menu, Pizza + 10 more

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★★★★★	Ovation Bistro & Bar	\$\$
	42605 US-27 Davenport FL 33837	GF Menu, Pizza, Pasta, Italian Restaurant
★★★★★	Giovannis Pizza	\$
	42641 US-27 Davenport FL 33837	GF Menu, Pizza & Pasta
★★★★★	4 Corners Tavern	\$\$
	8250 Champions Gate Blvd, Davenport FL	GF Menu, Burger, Breads, Cider
★★★★★	First Watch	\$\$
	8280 Champions Gate Blvd, Davenport FL	GF Menu, Breakfast, Brunch & Lunch
★★★★★	Dulcetto	\$
	8293 Champions Gate Blvd, Davenport FL	GF Menu, Pizza & Pasta
★★★★★	Giordano's (Chain)	\$\$
	7866 W. Irlo Bronson Memorial Hwy, Kissimmee, FL	GF Menu, Pizza & Pasta
★★★★★	Too Much Sauce	\$\$
	1430 N Mills Ave #170 Orlando FL	GF Café with signature & custom bowls & desserts

This list was compiled from various Orlando websites and
this information is correct as of Jan 2022

We do not have any liability for changes to the menus and food items by these restaurants

This is a guide for Pilgrims Paradise Villa Guests
Enjoy your Stay!



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